Run to the Rogue Phrase

I am running	Nashlh-da
You are running	Nanlh-da
He, she or it is running	Nalh-da
I am strong	Nashtlh-ni
You are strong	Naa-chintlh-ni
He, she or it is strong	Natlh-ni
I am tired	Shtin'-numlh-ya
You are tired	Nn-tin'-numlh-ya
He, she or it is strong	Ihtin'-numlh-ya
I am walking	Naa-sha
You are walking	Naa~-gha
He, she or it is walking	Naa-gha
My ancestors	Shk'ii-daa-naa~-ye'
Your ancestors	Nn-k'wii-daa-naa~-ye'
He, she or it's ancestors	Hii-kwii-daa-naa~-ye'
My feet	Sh-xwe'
Your feet	Nn-xwe'
He, she or it's feet	Hii-xwe'
My legs	Sh-ts'ee-ne'
Your legs	Nn-ts'ee-ne'
He, she or it's legs	Hii-ts'ee-ne'