## Dee Ni Language Lesson

### **Project/Activity Name and ID Number:**

Let's Eat

01.HE.02

### **Common Curriculum Goal:**

2<sup>nd</sup> Language: Topics: BM3: Food

2<sup>nd</sup> Language: Speaking: BM2: Use memorized words/signs, phrases and expressions in

everyday situations.

2<sup>nd</sup> Language: Listening: BM2: Demonstrate understanding of some words/signs

HE.03.HE.01: Recognize the importance of variety and moderation in food selection and

consumption.

HE.03.02: Choose a variety of foods to eat from different food groups.

#### Season/Location:

November

Various times throughout the school year, according to seasonal availability.

# Partners/Guests/Community:

Kitchen Staff, Natural Resources and Cultural Department staff, CTSI - Dietician

## **Cultural Component(s):**

Arts and		<u>History</u>	Shelter
Aesthetics	Family	Medicine	Transportation
Belief -World	<u>Food</u>	Medicine	Transportation
<u>View</u>		Medium of	Tools and
	Fun	Exchange	Technology
Clothing	Cavaranaant	Calamaa	
Communication	Government	Science	

### **Project/Activity Lesson Objective Components:**

### Vocabulary: Common Foods

Bird	Ch'ee-yash	
Bread	Saa-bee-li	
Eat	Yaa~	
Eggs	Ch'aa-ghee-she'	
Juice	Tuu-'i'	
Junk Food (Sweets?)	Lhxvn	
Meat	Ch'ee-svn'	

Milk	Ts'uu-svn
Nuts/Seeds	See-'e
Popcorn	Tvtlh-tvm'-kan
Water	Tvl-xvt

Traditional Foods: Add 3 or 4 of the following; depending on what is available.

Acorn Soup	San-chvn-tuu-'i
Blackberries	Dee-chii-nes
Camas	Gus
Crab	Ga'-srvsr
Deer	Mee-chan-tr'vtlh-ni
Duck	K'wvt-dvlh-ghvlh
Eel	Dvsh-xa~
Elk	Des-chu
Mussels	K'wee-san
Nettle	Xwvtlh-chish
Pheasant	Ch'ee-yash
Pine Nuts	Nantlh-chu see-'e
Salal	Ya's-xe
Salmon	Lhuk
Berries	Dee-chii
Seaweed	Lvt

### Grammar:

> Exposure to concepts of Dee Ni sentence composition, and noun and verb conjugation

Phrases (Writing, Speaking, Reading, Listening):

English	Dee Ni
Wash your hands	Naa-ch'intlh-t'e
Elders first	See chay-yii-ne
Let's Eat!	Ch'it-gan
I am eating.	Ch'ee-shan'
You are eating.	Ch'aa~-ya~
He/She/It is eating	Yaa~
We are eating	Ch'it-gan
It tastes good!	Shu' 'vtlh-nish
Pass me the	Shghaa~-'ash. (food)
	Shghaa~-lhe. (liquid)
Thank you.	Shu 'aa-shi nin-la
Shut up	Chu'-'intlh-'i~'
Sit down	Daa-sin-da
Your food you eat	Nn-srtaa~ ch'aa-ghit-gan

After completing the lesson, Students and/or Instructors will be able to:

- 1. Communicate nourishment desires using Dee Ni vocabulary.
- 2. Identify traditional eating utensils; foods and traditional preparation methods.
- 3. Place traditional foods properly on the USDA food pyramid
- 4. Use proper table manners

#### **Assessment:**

- Translation
- Conversation
- Conventions
- Ideas and Content
- <u>Effort/Visual Form</u>
- Collaboration
- Delivery
- History
- Percentage

### **Activity/Project Description:**

- Let's Eat concepts are taught using illustrated flashcards, room poster, and audio recording.
- Vocabulary is reinforced with the use of illustrated placemats during meals.
- ➤ The children can sample traditionally prepared native foods. Foods can be processed and prepared by older kids (4<sup>th</sup> and 5<sup>th</sup> grade as a part of a language lesson). The culture department could help with this, as well as bringing examples of traditional cooking/eating utensils.
- ➤ The teacher should find a way to stress the importance of being grateful & thankful for the food they eat.
- Students create a USDA food pyramid, placing traditional foods in their proper place using Dee Ni numbers to indicate number of servings. Kids could collaborate with 2<sup>nd</sup> grade to create a large pyramid for the cafeteria.
- > 1<sup>st</sup> and 2<sup>nd</sup> grade dine together in cafeteria and practice words/phrases
- Dietician visits & presents information on the importance of health eating. (K-1<sup>st</sup>-2<sup>nd</sup>)
- Optional\* Vocabulary could be reinforced by celebrating National Toast Day (November 18<sup>th</sup>)
- > \*Optional\* Both foods and colors could be reinforced in early April by having an Equinox/Easter activity dying eggs.
- > \*Optional\* Both foods and body parts could be reinforced through a "Mr. Potato Head" activity.

## Materials/Supplies:

- ➤ Picture flash cards with illustrations representing let's eat concepts
- ➤ Audio recording of let's eat vocabulary
- > Half sheet hand-outs with corresponding vocabulary
- > Poster illustrations representing let's eat concepts
- Illustrated vocabulary placemats

- > Examples of traditional foods, according to availability, and cooking eating utensils.
- > Small printed images of traditional and non-traditional foods representing foods in the food groups and blank food pyramid sheet (small magnetic pictures can be used at home)
- > Prior Lesson(s):
  - o Interrogatives